


SESSC JUNE 2017 HOT LUNCH MENU

Mon	Tue	Wed	Thu	Fri
			1	2
			Baked Potato with Bacon, Cheese & Green Salad Cottage Cheese with Fruit	Shrimp Salad in Pita Potato Chips Orange Wedge Pea Salad
5	6	7	8	9
All Beef Hot dog Baked Beans Broccoli Salad Orange Slice	Jambalaya Collard Greens Spiced Peaches Biscuit	Salisbury Steak Roasted Potato Green Beans Apples Roll with Butter	Tuna Casserole with Peas Honey- Glazed Carrots Peaches Biscuit	BBQ Ribs Greens Coleslaw Fruit Cornbread
12	13	14	15	16
Mahi Mahi Tacos With Mango Salsa Coleslaw Oranges Fritos	Sloppy Jo Onion Ring Pea Salad Fresh Fruit	Chicken Tenders with Honey Mustard Baked Potato Coleslaw Peaches Roll with Butter	BBQ Chicken Roasted Potato Mixed Vegetables Apple Slice Roll with Butter 	Tomato Soup Grilled Cheese Green Salad Pears and Oranges
19	20	21	22	23
Panko Breaded Cod Macaroni & Cheese Succotash Peaches Cornbread	Baked Garlic Lime Chicken Wings Cilantro Rice Coleslaw Grapes Roll with Butter	Meatloaf Mashed Potato Mixed Vegetable Berries Roll with Butter	Cobb Salad Mixed Fruit Chicken Noodle Soup Garlic Biscuit	Pesto Turkey Sandwich with Tomato Broccoli Salad Sliced Orange Potato Chips
26	27	28	29	30
Chicken Alfredo Broccoli Green Salad Garlic Bread Orange Slices	Beef Stroganoff Green Beans Green Salad Fruit Mix Roll with Butter	Orange Chicken Asian Vegetables Mandarin Oranges Roll with Butter	Philly Beef Cheesesteak Cucumber Salad Orange Slice	Smothered Liver with Onions Smashed Potato with Butter & Sour Cream Mixed Vegetable Roll with Butter

All Meals Are Prepared from Scratch

Lunch is Served Monday - Friday
12:00pm - 12:45pm

Menu is Subject to Change without
Notice

Cost: \$5.00 Suggested Donation for Age 60+ \$10.00 for All Others

Southeast Seattle Senior Center - 4655 S Holly St, Seattle, WA 98118 206-722-0317 www.sessc.org

Revised 05-22-17